ALL ABOUT

PRONOUNS:

AGE:

FAVORITE COLOUR:

Strengths:

SPECIAL INTERESTS

-
-
-
-
-
-
-

HOW I ASK FOR HELP

Please don’t say/do:

IMPORTANT

I LIKE BEING AROUND PEOPLE

NO ⟷ YES!

I’M SENSITIVE

NO ⟷ VERY

ENERGY LEVEL

LOW ⟷ HIGH

WE MANAGE BY

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